Document 1:

Keepers of Democracy Virginia Quarterly Review 15 (Jan. 1939):

By: Eleanor Roosevelt

I do not believe that oppression anywhere or injustice which is tolerated by the people of any country toward any group in that country is a healthy influence. I feel that unless we learn to live together as individuals and as groups, and to find ways of settling our difficulties without showing fear of each other and resorting to force, we cannot hope to see our democracy successful. It is an indisputable fact that democracy cannot survive where force and not law is the ultimate court of appeal. Every time we permit force to enter into a situation between employer and employee we have weakened the power of democracy and the confidence which a democratic people must have in their ability to make laws to meet the conditions under which they live, and, when necessary, to change those laws with due political process according to the will of the majority of the people.

When we permit religious prejudice to gain headway in our midst, when we allow one group of people to look down upon another, then we may for a short time bring hardship on some particular group of people, but the real hardship and the real wrong is done to democracy and to our nation as a whole. We are then breeding people who cannot live under a democratic form of government but must be controlled by force. We have but to look out into the world to see how easy it is to become stultified, to accept without protest wrongs done to others, and to shift the burden of decision and of responsibility for any action onto some vague thing called a government or some individual called a leader.

It is true today that democracies are in danger because there are forces opposed to their way of thinking abroad in the world; but more than democracies are at stake. When force becomes so necessary that practically all nations decide that they must engage in a race which will make them able to back up what they have to say with arms and will thus oblige the rest of the world to listen to them, then we face an ultimate Armageddon, unless at the same time an effort to find some other solution is never abandoned...

Someone said to me the other day that, acknowledging all the weaknesses of human nature, one must still believe in the basic good of humanity or fall into cynicism and the philosophy of old Omar Khayyam. I do still believe that there is within most of us a basic desire to live uprightly and kindly with our neighbors, but I also feel that we are at present in the grip of a wave of fear which threatens to overcome us. I think we need a rude awakening, to make us exert all the strength we have to face facts as they are in our country and in the world, and to make us willing to sacrifice all that we have from the material standpoint in order that freedom and democracy may not perish from this earth.

Entire Script:

https://erpapers.columbian.gwu.edu/keepers-democracy

Document 2:

Race, Religion and Prejudice

New Republic 106 (11 May 1942)

By: Eleanor Roosevelt

...The people of the world have suddenly begun to stir and they seem to feel that in the future we should look upon each other as fellow human beings, judged by our acts, by our abilities, by our development, and not by any less fundamental differences

Here in our own country we have any number of attitudes which have become habits and which constitute our approach to the Jewish people, the Japanese and Chinese people, the Italian people, and above all, to the Negro people in our midst

Perhaps because the Negroes are our largest minority, our attitude towards them will have to be faced first of all. I keep on repeating that the way to face this situation is by being completely realistic. We cannot force people to accept friends for whom they have no liking, but living in a democracy it is entirely reasonable to demand that every citizen of that democracy enjoy the fundamental rights of a citizen.

Over and over again, I have stressed the rights of every citizen:

Equality before the law. Equality of education. Equality to hold a job according to his ability. Equality of participation through the ballot in the government.

These are inherent rights in a democracy, and I do not see how we can fight this war and deny these rights to any citizen in our own land.

The other relationships will gradually settle themselves once these major things are part of our accepted philosophy.

It seems trite to say to the Negro, you must have patience, when he has had patience so long; you must not expect miracles overnight, when he can look back to the years of slavery and say-how many nights! he has waited for justice. Nevertheless, it is what we must continue to say in the interests of our government as a whole and of the Negro people; but that does not mean that we must sit idle and do nothing. We must keep moving forward steadily, removing restrictions which have no sense, and fighting prejudice. If we are wise we will do this where it is easiest to do it first, and watch it spread gradually to places where the old prejudices are slow to disappear.

There is now a great group of educated Negroes who can become leaders among their people, who can teach them the value of things of the mind and who qualify as the best in any field of endeavor. With these men and women it is impossible to think of any barriers of inferiority, but differences there are and always will be, and that is why on both sides there must be tact and patience and an effort at real understanding. Above everything else, no action must be taken which can cause so much bitterness that the whole liberalizing effort may be set back over a period of many years.

Entire Script: https://erpapers.columbian.gwu.edu/race-religion-and-prejudice

Document 3:

The Struggle for Human Rights

Speech delivered by Eleanor Roosevelt 28 September 1948, Paris, France

...We in the United States have come to realize it means freedom to choose one's job, to work or not to work as one desires. We, in the United States, have come to realize, however, that people have a right to demand that their government will not allow them to starve because as individuals they cannot find work of the kind they are accustomed to doing and this is a decision brought about by public opinion which came as a result of the great depression in which many people were out of work, but we would not consider in the United States that we had gained any freedom if we were compelled to follow a dictatorial assignment to work where and when we were told.

The right of choice would seem to us an important, fundamental freedom.... We, in the democracies, believe in a kind of international respect and action which is reciprocal. We do not think others should treat us differently from the way they wish to be treated. It is interference in other countries that especially stirs up antagonism against the Soviet Government. If it wishes to feel secure in developing its economic and political theories within its territory, then it should grant to others that same security. We believe in the freedom of people to make their own mistakes. We do not interfere with them and they should not interfere with others.

The basic problem confronting the world today, as I said in the beginning, is the preservation of human freedom for the individual and consequently for the society of which he is a part. We are fighting this battle again today as it was fought at the time of the French Revolution and as the time of the American Revolution. The issue of human liberty is as decisive now as it was then. I want to give you my conception of what is meant in my country by freedom of the individual.

The Charter of the United Nations is a guiding beacon along the way to the achievement of human rights and fundamental freedoms throughout the world...

The place to discuss the issue of human rights is in the forum of the United Nations. The United Nations has been set up as the common meeting ground for nations, where we can consider together our mutual problems and take advantage of our differences in experience. It is inherent in our firm attachment to democracy and freedom that we stand always ready to use the fundamental democratic procedures of honest discussion and negotiation. It is now as always our hope that despite the wide differences in approach we face in the world today, we can with mutual good faith in the principles of the united Nations Charter, arrive at a common basis of understanding.

Entire Script: https://americanrhetoric.com/speeches/eleanorroosevelt.htm